

Issue No. 6

06/06/13

## PRESIDENT'S MESSAGE

APFACTS is proud to present a week-long program of workshops from **June 17-21, 2013** for primary and secondary students, parents and teachers, presented by leading anti-bullying, cyber bullying and leadership organisation, PROJECT ROCKIT.

Co-founders of PROJECT ROCKIT, Rosie and Lucy Thomas, are giants in youth leadership. They have made an outstanding contribution in response to bullying and cyberbullying in Australia and have delivered real outcomes for over 40,000 students through their unique and interactive anti-bullying and youth leadership program.

APFACTS has always advocated that education and social issues are best tackled by all parties working together. A whole school approach is required if we are to achieve lasting solutions for our students.

Spaces for workshops are limited so I would encourage you to book quickly. Look forward to seeing you at one of the workshops !

**Charuni Weerasooriya, President**

## PROJECT ROCKIT WORKSHOPS - JUNE 17-21, 2013

### PARENT WORKSHOPS

*Giving parents the information they need to communicate effectively with their children on the issue of bullying and cyber bullying.*

PROJECT ROCKIT parent forums empower parents with a positive approach to cyberbullying and digital citizenship. Understand new and in-touch strategies for dealing with cyber bullying as well as practical tips for preventing and reacting to harm.

[More information on Parent workshop content and details](#)

- Monday, June 17, 2013 @ Radford College 6.00pm – 7.30pm
- Tuesday, June 18, 2013 @ Canberra Girls Grammar 6.00 – 7.30pm
- Wednesday, June 19, 2013 @ St Thomas The Apostle primary school 6.00pm - 7.30pm
- Thursday, June 20, 2013 @ Emmaus Christian School. 5.30 – 7.00pm

### In this edition



### President's Message

We are very excited to be bringing you a week-long series of workshops for primary and secondary students, parents and teachers from **June 17-21**.

This newsletter will give you more details on the PROJECT ROCKIT workshops, hope you can make it !

For more information and to book tickets, please visit our website :  
[www.apfacts.org.au](http://www.apfacts.org.au)

For more education news, views and events, please join us on social media :

[Facebook](#) or [Twitter](#)

### Executive Committee members

[Charuni Weerasooriya](#)  
President

[Michael Healy](#)  
Vice-President

[Peter Murray](#)  
Treasurer

[Kirsten Wilkinson](#)  
Secretary

**Interested in Education news, views and events ?**

[Website :](#)  
[www.apfacts.org.au](http://www.apfacts.org.au)

## **Book your tickets for parent workshops - [www.apfacts.org.au](http://www.apfacts.org.au)**

APFACTS members: **FREE** Non-Members: \$5 p/participant

## **TEACHER WORKSHOPS**

*Empowering young people with the opportunity to take the lead in anti-bullying culture.*

Educators will explore the contention that truly proactive anti-bullying projects and pastoral programs must extend beyond the lens of bullying to actually instill social conscience and responsible citizenship among young people. The issue of bullying houses exciting youth leadership opportunities. These creative possibilities translate in a broader social context, echoing core personal development around social responsibility and ethics, citizenship and values. This workshop incorporates strength based strategies for engaging students in real discussion around (cyber) bullying.

[More details on Teacher workshop content and details](#)

- Monday, June 17, 2013 @ Radford College, College Street, Bruce from 4.00pm – 5.30pm
- Tuesday, June 18, 2013 @ Canberra Girls Grammar, Melbourne Ave, Deakin from 4.00pm - 5.00pm

## **Book your tickets for teacher workshops - [www.apfacts.org.au](http://www.apfacts.org.au)**

APFACTS members: **FREE** Non-Members: \$5 p/participant

## **PRIMARY WORKSHOPS- STUDENTS IN YEARS 4, 5, 6**

This jam packed 1 hour program addresses a range of issues including understanding what bullying is (and isn't), the role of the bystander, REAL strategies for standing up to bullying, conflict resolution & effective communication. Includes a range of wild challenges, memorable learning points and interactive discussion.

[More details on Primary student workshops](#)

Sessions still available :

- Monday, June 17, 2013 @ Radford College, College Street, Bruce : 11.00am - 12 noon and 12.30pm - 1.30pm
- Wednesday, June 19, 2013 @ St Thomas the Apostle Primary school, 39 Boddington Crescent, Kambah : 11.00am - 12 noon and 12.30pm - 1.30pm

## **Bookings for Primary student sessions must be made by a teacher on behalf of a school - [www.apfacts.org.au](http://www.apfacts.org.au)**

APFACTS members :FREE Non-Members: \$5 p/participant

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[www.facebook.com/apfacts](http://www.facebook.com/apfacts)

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Do you know of an event or resource that non-government schools should know about?

**Email us at:**

[admin@apfacts.org.au](mailto:admin@apfacts.org.au)

## DOT COM FORUM - SECONDARY STUDENTS IN YEARS 7, 8, 9

### 2 HR's - UP TO 250 STUDENTS

The DOT COM forums bring students together for an empowering approach to cyberbullying and personal leadership. The sessions examine cyberbullying, social networking and online culture in a way that is positive and non-judgemental, providing a range of strategies in dealing with cyberbullying and promoting cybersafety.

[More details on Secondary Student's DOT COM Forums](#)

Session still available:

Thursday, June 20, 2013 @ Daramalan College, Cowper Street, Dickson : 12.30pm – 2.30pm

**Bookings for Secondary student sessions must be made by a teacher on behalf of a school - [www.apfacts.org.au](http://www.apfacts.org.au)**

APFACTS members - FREE Non-Members – A charge of \$5 p/participant

## ABOUT PROJECT ROCKIT

Project Rockit began in 2006, as the brainchild of sisters Lucy and Rosie Thomas who wanted to tackle the issue of schoolyard bullying.

Co-founders Rosie and Lucy Thomas have a genuine understanding of youth culture as well as the issues facing young people. Being digital natives, they use their work with thousands of young people to help demystify the most common social media platforms used by young people.

Lucy and Rosie have conducted workshops to over 40,000 Australian students, presented strategies for youth engagement and cultural change at major National and International conferences and are consultants to Microsoft and Facebook, building strategies for tackling cyber bullying.

PROJECT ROCKIT have appeared on a number of national TV programs including :

- [Channel 7's 'Sunrise'](#)
- [ABC's 'Compass'](#)
- [Channel 10's 'The Project'](#).

For more information on [Lucy and Rosie Thomas, check out their bio's](#)

Some testimonials :

*'I urge you in the strongest possible terms, to do everything in your power, to support this unique anti-bullying initiative and help create resilient and empathetic young people who are equipped to deal with bullying and who lead by example' – Michael Carr-Gregg, Child and Adolescent Psychologist.*

*'I've never seen anyone engage young people as well as you guys' – The Hon Peter Garrett, MP.*

*"The PROJECT ROCKIT presentations and delivery are dynamic and totally switched onto the current teenage audience. The kids love it. They are captured right from the beginning and totally absorbed in the energetic presentation, which delivers some very powerful messages. Later on in the classroom, the students were excited about the ideas and strategies that PROJECT ROCKIT presented. We talked as a group about how we could implement many of the strategies and make some real and meaningful changes to complex peer issues."*

**Jenny Stanbury – Head of Health and Resilience – Wesley College.**

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